



PL 1

**DEMOGRAPHIC TRANSITIONS, SOCIAL EQUITY, AND POPULATION
DIVERSITY**

| BACKGROUND

The Plenary Session for Sub-theme 1 aims to discuss the complex realities of global demographic transitions and the imperative for an equity-centered approach. Converging demographic and societal transitions - such as the simultaneous rise in youth and older-age cohorts, evolving family and care arrangements, spatial population shifts - are manifesting at varying intensities across countries. These are placing increasing pressures on health and social protection systems as well as posing challenges for how to develop and sustain supportive social, economic, and physical environments.

At the same time, these transitions present important opportunities to harness the demographic dividend by investing in young people's education, skills, and employment prospects, and to unlock the potential of the silver economy by supporting older adults' participation in society and the economy. Realizing these opportunities sustainably and for societies as a whole, also requires understanding and addressing the differentiated impacts of demographic transitions on vulnerable and at-risk groups, such as people with disabilities, migrants, indigenous populations, gender minorities, and informal workers.

Achieving equitable outcomes necessitates integrated and forward-looking policy approaches that are both inclusive and evidence-based, supported by interventions that are attentive to existing gaps in coverage, affordability, and accessibility related to social welfare systems, income security, care provision, and access to essential services across the life course.

| OBJECTIVES

The Plenary Session will serve as a high-level framing for the sessions under Sub-theme 1 on (1) Social welfare systems, social protection, and fiscal sustainability, (2) Harnessing demographic dividends and silver economy, (3) Role of family, community, and supportive environments alongside demographic shifts, (4) Advancing intergenerational solidarity and equity in an ageing world, and (5) Inclusive policies for vulnerable and at-risk groups.

In particular, the Plenary will highlight cross-cutting themes and priorities. The Plenary will also explore the role of different stakeholders including governments, civil society, communities, the private sector, and development partners in shaping and implementing effective solutions.



Panelist

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Dr. Reiko Hayashi is the Director-General of Japan's National Institute of Population and Social Security Research (IPSS). Before joining IPSS in 2012, she served in Senegal as technical advisor to the Minister of Health as JICA expert (2008-2011), and was engaged in projects of international cooperation concerning population, health and development in various countries. After she joined IPSS, her research covers global ageing, health and longevity, migration, population development and policies. She holds a PhD in policy studies from the National Graduate Institute for Policy Studies (GRIPS) Japan, Master of Health Sciences and Bachelor of Technology (Architecture) from The University of Tokyo and DESS of Université de Paris I. She is a member of ICD and ICF Commissions of Social Security Council of Japanese Ministry of Health, Labour and Welfare, the expert member of the Japanese government's Roadmap for the Realization of a Society of Harmonious Coexistence with Foreign Nationals, and the member of the Council for Healthcare and Global Health of Headquarters for Healthcare Policy, Prime Minister's Cabinet Office.

Please refer <https://researchmap.jp/reikohayashi?lang=en> for further detail